

The HampsterDance Song

Easy Intermediate

Hampton the Hampster

Left Foot Lead - FAST FUN song

Single Version - Radio Edit (Koch Records - KOC-CS-8161)

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(As seen on www.hampsterdance2.com)

Sequence Wait 22 (Start after the song says "Here we go" A, A, B, C, Br, A, A, B, C, B, A*, End

Part A (34 beats)

- (8) **Brushover vine** DS- Br(f)/SL- DS- Tap (b) / SL- DS (ots)- DTS (xb)- DS (ots)- RS
 L R L R L R L R L RL
 +a1 + 2 +a3 + 4 +a5 +a6 +a7 +8
- (4) **Long Charleston** DS- Tch(f) SL- Toe HL - Tch (b) SL
 R L R L L R L
 +a1 + 2 + 3 + 4
- (4) **Triple** DS- DS- DS- RS
 turn gradually 3/4 R R L R LR
- Repeat all of the ABOVE**
- (4) **2 Runs** DS- DS
 L R

(A* = turn 1/2 on each triple instead of 3/4)

Part B (64 beats)

- (8) **Clover with a Loop** DS - DS(xf) - DS - loop ST(xb) - DS - DS(xf) - DS - RS
 L R L R L R L R L RL
 +a1 +a2 +a3 4 +a5 +a6 +a7 +8
- (4) **2 Basics** DS- RS- DS- RS
- (4) **Triple - turn gradually 1/2 R**
- (8) **Cowboy** DS- DS- DS- Br SL- DS- RS- RS- RS
 L R L R L R LR LR LR
 +a1 +a2 +a3 + 4 +a5 +6 +7 +8
- (4) **2 Cross Touches** DS- Tch (xf) SL- DS- Tch (xf) SL
 L R L R L R
 +a1 + 2 +a3 + 4
- (4) **Double Rock 2** DS- DS- RS- RS
- Repeat all of the Above to face the front**

Part C (32 beats)

- (8) **2 Grape Vines** ST (ots)- ST (xb)- ST (ots)- Tch- ST (ots)- ST (xb)- ST (ots)- Tch
 L R L R R R L R L
 1 2 3 4 5 6 7 8
- (4) **Step forward & back** ST (f)-ST (f)- ST (b)-ST (b)
 L R L R
 1 2 3 4
- (4) **Over the Log** ST (f)-ST (f)- ST (b) ST (b) Clap
 L R L R
 1 2 + 3 4

Repeat All of the above

Bridge (4 beats)

- (4) **2 Basketball Turns** ST (pivot 1/2)- ST- ST (pivot 1/2)- ST
 L R L R
 1 + 2 3 + 4

END (4)

- (4) **4 Runs** DS - DS - DS - DS

Jul-00

abbreviations

(xf) = cross in front

BR = brush

R = rock

SL = slide

(ots) = out to side

(f) = forward

DS = double toe step

RS = rock step

Tch = touch

(xb) = cross in back

(b) = back

HL = heel

ST = step