

HELLA GOOD

NO DOUBT

Advanced Level - Left foot lead
Dance Music (POP)

Choreo: Kellee Ramirez - kelclogs34@gmail.com

Wait 32 ~ Seq A, B, C, A, B, C*, C*, D, C*, C*, D, 1/2 A

PART A (32 Beats)

(8) **Rock-N-Double Back**

L	DS	HS	HS	HS	HS	Hop	Dbl	Tch	
R	R (b)	R (ots)	HL	R (ots)	Dbl	Tch	St	Hop	SI

(8) **Back Shuffle Rocker**

L	DS	Hop	Dbl	ST	Hop	RK	Dbl	ST
R	Dbl	ST	Hop	Dbl	ST	ST	Hop	
	Hop	RK						
	Dbl	ST	ST					

Repeat all of Above

PART B (32 Beats)

(8) **Syncopated MJ**

L	(p)	S		R	S	S	S	DR	S
R		DS (xb)	S (ots)		R	DS			S
	+ 1	+a2	+ 3	4	+ 5	+a6	+ 7		+ 8

(8) **Quick Tap Slide**

L	Hop	Hop	Hop	Hop	Dbl	Tch	S	Kick	R
R	Dbl	Dbl	Tch	Kick	S	Hop	Tap	BA	S
	S		S						
	Dbl	S	S						

Repeat all of Above

PART C (32 Beats)

(8) **Goat on a Stick**

L	Dbl	S	TS	HS	Hop	Hop	Kick	S
R	Dbl	S	HS	Tap	Tap	TS	Kick	
		TS	TS	H				
		R	R	B	SL			

(4) **Split Clap**

L	Dbl	S	H	Clap	Clap	S	
R	Dbl	S	Clap	Clap		B	SL

(4) **Double Pull it up**

Turn 1/2 R

	DS		R	FI	Pull Lift
	DS		S		

Repeat all of Above to Face Front

Part C* = turn 3/4 on Double pull it up to face all 4 walls

HELLA GOOD ~ CON'T

PART D

(4) **Triple Brush** DS - DS - DS - Br SL

(4) **Jammin Toes**

L	DS	T	H	T	H	T	H
R		T	H	T	H	T	H
	+a1	e +	a 2	e +	a 3	e +	a 4

(8) **4 Fake Canadians**

(turn 1/2 R to face back)

L	Dbl St	Hop
R		Dbl Tch

Repeat all of the above to face the front

(4) **Rougie Vine**

L	DS	R(ots)	Dr S	R	DS	S
R	DS (xb)	S (xf)	DS (xb)	S	R	

(4) **Layover**

L	DS (xf)	R (ots)	CH (xf)	CH (ots)	DS	S
R	DS Break	S (xb)	St (xf)	R		

Repeat all of Above on opposite foot

Abbreviations

(xb) = Cross in Back
 (xf) = Cross in Front
 B = Ball or (toe)
 Br = Brush

Dbl = Double
 DS = Double Toe Step
 FL = Flange
 H = Heel

R = Rock Step
 S = Step
 T = Toe (tip of toe)
 TS = Tap Step

SL = Slide
 ST = Stomp
 July-02