

# I Love ME – Meghan Trainor

Advanced – Line – Left Lead – available on iTunes or Amazon

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Sequence: Wait 24 Intro, A, B, C, A, B, C, A, B, D, A, B, B, End

## Part A (16 Beats)

- (8) Drag your Heels  $\frac{L \text{ DS(b)} \quad H \text{ Dr S(b)} \quad H \text{ Dr S} \quad R \quad R}{R \quad H \text{ Dr S(b)} \quad H \text{ Dr S(b)} \quad DS \quad S \quad S}$   
 +a1 + 2 + 3 + 4 + 5 +6 +7 + 8
- (8) Double Hop and Skuff  $\frac{L \text{ Dbl S} \quad \text{Hop} \quad \text{Sk} \quad S \quad \text{Hop} \quad B \quad K(f) \quad S \quad S \quad \text{Hop} \quad \text{Tap}}{R \quad \text{Dbl} \quad \text{Tap S} \quad \text{Hop Sk} \quad B \quad R(b) \quad S \quad \text{Sk} \quad \text{Flap S} \quad \text{Sl}}$   
 +a 1e + a 2 a + 3 e + 4+ 5 +6+a 7 + a 8

## Part B (16 Beats)

- (8) Alabama Pullback  $\frac{L \text{ DS} \quad S \quad S \quad S \quad PB \quad \text{Tap(b)} \quad \text{Tch(xf)} \quad S}{R \quad DS(xf) \text{ Dr} \quad R \quad R \quad \text{Tap(b)} \quad \text{Tch(xf)} \quad S \quad PB}$   
 +1+2 + 3 +4 +5 e +a 6 + a 7 + 8
- (8) Georgia Kicker  $\frac{L \quad HS \quad HS \quad \text{Tap(xb)} \quad K(ots) \quad \text{Tch(xf)} \quad \text{Dbl S} \quad S}{R \quad ST \quad R \quad K(ots) \quad S(xf) \quad \text{Hop} \quad \text{Dbl R(xf)} \quad K(ots)}$   
 + a1 +a2 + a 3 + 4e +a 5 +
- $\frac{L \quad \text{Hop} \quad H \text{ Lift}}{R \quad R(xf) \quad \text{Dbl Dbl} \quad \text{To Sl}}$   
 6 + a 7 + 8

## Part C (32 Beats)

- (8) Cramp Windmill  $\frac{L \text{ DS} \quad B \quad H \quad S \quad \text{Hop} \quad \text{Hop} \quad \text{Tap(xb)} \quad \text{Tap(ots)} \quad \text{Tch(xf)} \quad S \quad \text{Tch(xf)}}{R \quad B \quad H \quad R \quad \text{Sk}(@f) \quad \text{Slap(b)} \quad S \quad \text{Hop} \quad PB \quad \text{Dbl S} \quad SL}$   
 +1 e+a2 +3 e + a 4 + a 5 e + a 6 +a7 + a 8
- (8) Turn it Around  $\frac{L \text{ Dbl R(b)} \quad \text{Sk} \quad \text{Tch} \quad S \quad \text{Hop} \quad R \quad R \quad DS}{R \quad S \quad \text{Hop} \quad \text{Sk} \quad S \quad \text{Hw(full spin R)} \quad S \quad \text{ToSl}}$   
 +a 1+ a 2 + 3 e + 4+ 5 + 6 +7 +8

*Repeat all of the above*

## Repeat Part A, B, C, A, B,

## Part D (32 Beats)

- (8) Back Shuffle Rocker  $DS(f)- DS(f)- DS(f)- Br \text{ Up} - RS - Dr(b) \quad RS \quad Dr(b) \quad RS$   
 +1 +2 +3 + 4 +5 6 +7 + a8
- (4) 2 Basics  $DS - RS - DS - RS$
- (4) Triple  $DS - DS - DS - RS$

*Repeat all of the above*

## Repeat Part A, B, B, End 1 Stomp

### Abbreviations

(b) - back	B – Ball	Hw – Heel with Weight	Sk – Skuff
(f) – front or forward	Br - Brush	K – Kick	Sl - Slide
(ots) - out to side	Dbl - Double	PB - Pullback	ST – Stomp
(xb) - Cross in Back	Dr - Drag	R - Rock	Tch – Touch
(xf) – Cross in Front	DS - Double Step	RS - Rock Step	ToSl – Toe Slide
(@f) – Around Front	H - Heel	S- Step	