

THE KETCHUP SONG

EZ Int Level - Left foot lead

LAS KETCHUP

Latin Dance Music ~ Radio Edit

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Wait 16 ~ Seq A, B, Br1, A, B, Br2, B*, B*, B**

PART A (40 Beats)

(8) **Long Charleston Plus** DS - Tch (fwd) - TH - RS - Tch (fwd) - TH - RS - RS

(4) 2 Kentucky Drags	L	Kick (xf)	S	Kick (xf)	S
	R	DS	Dr	DS	Dr

(4) **1 Triple turn 1/2** DS - DS - DS - RS (turn 1/2 R gradually)

Repeat all of Above

(8) 4 Latin Side Touches	L	R (ots)	S (tog)	S	REPEAT
	R	S	R (ots)	S (tog)	

PART B (38 Beats)

(4) **Chase It** DS - SL S - SL S - SL S

(4) **Joey** DS - Ba (xb) Ba (ots) - Ba (ots) Ba (xf)

(4) **Chug-a-lug / Karate Turn** DS - Kick Turn 1/2 - S - Chug

Repeat all of Above on opposite foot

(12) **The Ketchup Dance** Make a scissor like motion with your hands and arms in front of your body R OVER L first, alternate L over R for a total of 6 times. Take your R thumb and point over your R shoulder, and then your L thumb and point over your L shoulder. Take both hands at the same time and make JAZZ hands and shake then all the way from about waist level to over your head for 2 beats. put your RIGHT FIST in front of your forehead and your LEFT FIST behind your head and shake your knees in and out 3 times

(2) **2 Runs** DS-DS

Bridge 1

(8) **2 Vines Brushes** DS - DS (xb) - DS - Br Sl

(4) **2 Basics** DS - RS - DS - RS

Repeat all of Above

Bridge 2

(4) **Vine Brush Turn (1/2L)** DS (ots) - DS (xb) - DS (ots) - BR turn 1/2

(4) **Touch 2 & a Basic** Tch (xf) - Tch (ots) - DS - RS

(4) Quick Turkey	L	H	Snap toe Down	R	S
	R	S	H	Snap toe Down	

(4) **Triple** DS - DS - DS - RS

Repeat all of Above

PART B* (36 Beats)

REPEAT ALL OF PART B - OMIT THE 2 RUNS AT THE END

PART B** (32 Beats)

REPEAT ALL OF PART B - OMIT KETCHUP DANCE & 2 RUNS AT THE END

Abbreviations

(xb) = Cross in Back
(xf) = Cross in Front

(ots) = Out to Side
Ba = Ball or (toe)
Br = Brush

DS = Double Toe Step
H = Heel
R = Rock

RS = Rock Step
S = Step
Sl = Slide

Tch = Touch
TH = Toe Heel

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