

THE KETCHUP SONG

LAS KETCHUP

Advanced Level - Left foot lead
Latin Dance Music ~ Radio Edit

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Wait 16 ~ Seq A, B, Br1, A, B, Br2, B*, B*, B**

PART A (40 Beats)

(8) **Bobby**

L	DS	Hop		Hop	TS		Hop		Hop	Hop	Hop					
R		Slap	Sk		Slap	S		Slap	Sk		Sk					
	+a1	e	+	a	2	e	+	a	3	e	+	a	4	+	a	5
		S			B Sl		H Lift									
		H	Sn		S	H	Lift	B	Sl							
		e	+	a	6	+	7	+	8							

(8) **Cross Skuff**

L	DS	Hop		Hop	HS		Hop		Hop					
R		Toe Sk (xf)	Toe Sk (ots)		Slap R(xb)		Toe Sk (xf)	Toe Sk (ots)						
	+a1	e	+	a	2	+	3	e	+	a	4			
		HS		Hop		T		H	Dbl R					
		Slap R(xb)		Dbl		T		H		S				
		+	5	e	+	a	6	e	+	a	7	+	a	8

Repeat all of Above

(8) **Pony Jog**

L	S	S	Hop	TS	Sk	S	Hop	Sk
R	TS	Sk	S	S	Hop	Sk	S	Hop
	Ba		Ba					
	Ba		Ba					

PART B (38 Beats)

(4) **Get it Pull Back**

L	Kick (xf)	S	HS	Hop	Tap	Tch (xf)
R	Dr		TB	Sk	Slap S	Pullback

(8) **TCS Pullback**

L	Hop	Hop	Pullback	Tap (xb)	Tap (ots)	Tch	S									
R	Dbl	Tap	Tch	S	Hop	Pullback	Sl									
	+	a	1	e	+	a	2	+	a	3	e	+	a	4	+	5
	Tch(xf)			Tch												
	Dbl	S	Hop Pullback		Sl											
	e	+	a	6	+	7	+	8								

Repeat all of Above

(12) **The Ketchup Dance**

Make a scissor like motion with your hands and arms in front of your body R OVER L first, alternate L over R for a total of 6 times. Take your R thumb and point over your R shoulder, and then your L thumb and point over your L shoulder. Take both hands at the same time and make JAZZ hands and shake then all the way from about waist level to over your head for 4 beats. put your RIGHT FIST in front of your forehead and your LEFT FIST behind your head and shake your knees in and out 4 times

(2) **2 Runs**

DS-DS

THE KETCHUP SONG ~ CON'T

Bridge 1

(8) **2 Vines Brushes** DS - DS (xb) - DS - Br Sl

(4) **2 Basics** DS - RS - DS - RS

Repeat all of Above

Bridge 2

(4) **Vine Brush Turn (1/2L)** DS (ots) - DS (xb) - DS (ots) - BR turn 1/2

(4) **Touch 2 & a Basic** Tch (xf) - Tch (ots) - DS - RS

(8) **Gregory**

L DS	Hop	S Hop	Hop	S Hop
R	H Sk (H Click) R		H Sk (H Click) R	
		Hop	Hop	Hop
		H Sk (H Click) H Sk (H Click)	H Sk (H Click)	Ba Sl

Repeat all of Above

PART B* (36 Beats)

REPEAT ALL OF PART B - OMIT THE 2 RUNS AT THE END

PART B** (32 Beats)

REPEAT ALL OF PART B - OMIT THE KETCHUP DANCE & 2 RUNS AT THE END

Abbreviations

(xb) = Cross in Back

(xf) = Cross in Front

Ba = Ball or (toe)

Br = Brush

Dbl = Double

DS = Double Toe Step

H = Heel

R = Rock Step

S = Step

Sk = Skuff

Sl = Slide

T = Toe (tip of toe)

TB = Toe Ball

Tch = Touch

TS = Tap Step

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