

Shining Star - Jump 5

Advanced - Line (Remake of the OLD 70's Classic)

(from the Lizzie McGuire Movie Soundtrack ~ DISNEY RECORDS)

Left Foot Lead

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Sequence Wait 16 Intro, A, B, C, D, A, B, B, C, C, Br, D+, C, C, C, End

Intro (16 beats)

(16) **2 Rougie Vines**
(1 on L & 1 on R)

L	DS		R(ots)	Dr	S		R	DS	S
R		DS (xb)	S (xf)			DS (xb)	S		R

Part A (32 beats)

(8) **Burton Joey**

L	DS		Hop	Skuff	Slap	St		Hop	Hop		Hop		
R		Skuff	Slap	St		Hop		Skuff	Slap		Skuff	Slap	St
		TB (xb)		HS		HS							
			HS		TB (xb)		HS						

(8) **Show Step**

L	DS		Hop	S	Hop			TB	DS	Dr	R				
R		Dbl	Tch	Lift(xf)	Swing(ots)	H	S	HS		S	S				
		+a1	e+	a	2	+	3	+	4	e+	a5	+a6	7	+	8

repeat all of the above

Part B (16 beats)

(8) **Gallup Thingy**

L	DS		TB (xb)		TB (xb)		Tch (xf)	DS		Tap (xb)			
R		R		R		Dbl	S		Dbl	S (xf)			
		+a1	+	a2	+	a3	e+	a	4	+a5	e+	a	6
			S		Tch (xf)								
				Dbl	S		SL						
			+	a	7	+	8						

(8) **Pony Jog**

L	St		St	Hop	TS		Sk		St	Hop		Sk		Ba	Ba		
R		TS		Sk		St		St	Hop		Sk		St	Hop		Ba	St

Part C (16 beats)

(8) **Bobby**

L	DS		Hop	Hop		Tap	S		Hop	Hop		Tap	S
R		Slap (b)	Sk (f)		Slap (b)	S		Slap (b)	Sk (f)		Slap (b)	S	
			Sk (f)			S		Ba	Sl	H	lift		
			Hop	Hop	H	Snap (toe down)		S	H	lift	Ba	Sl	

(8) **Cramp Windmill**

L	DS		Toe	H		S		Hop	Hop		Tap		Tap	Tch				
R		Toe	H		R		SK (up/ots)	Br (x@ib)		S	Hop		pullback					
		+1	e	+	a	2	+	3	a	+	a	4	+	a	5	e	+a	6
			S			S												
				Dbl	R		S											
			+	a	7	+	8											

Part D (28 beats)

(8) **Machine Gun**

L	DS		Toe	Sl		break	H	H	Lift	DS	SL
R		DS			Dbl	S	SL	SL	SL		S

(4) **Stomp Double**

ST - DS - DS - RS (Backing up)

(4) **Triple**

DS - DS - DS - RS (Full turn to the Right)

(8) **Multidoubles**

L	Hop	Hop	Hop		Hop		Dbl (xf)	Dbl (ots)	Dbl (xf)	Dbl (ots)	S		
R		Dbl (xf)	Dbl (ots)		Dbl (xf)	Dbl (ots)	S		Hop	Hop	Hop		
			Hop		Dbl (xf)	Dbl (ots)	S		Hop		Dbl (xf)		
			Dbl (xf)	Dbl (ots)	S		Hop		Dbl (xf)	Dbl (ots)	S		Hop

(2) **2 Runs**

DS - DS

(2) **wait 2**

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Shining Star - continued

Repeat Part A, B, B, C, C

Bridge (32 beats)

(4) **Stamp Kick**

L DS			Sta		K	S
R		Sta	K	S		
+a1	+	2	+	3	+	4

(4) **Triple** Turn 1/2 Right

(4) **Flange Kick**

L DS		K	S		Brk (slur to lt)	S		Hop
R FL		S		T	B (xib)		3	SK Flap S
+a1	+	2	e	+		3	e+	a 4

(4) **Fancy Double** DS - DS - RS - RS

repeat all of the above to face front

Part D+ (32 beats)

- (8) **Machine Gun**
 - (4) **Stomp Double** (Backing up)
 - (4) **Triple** (Full turn to the Right)
 - (8) **Multidoubles**
 - (4) **Stomp Double** (Backing up)
 - (4) **Triple** (Full turn to the Right)
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Repeat Part C, C, C

End

- (4) **Stamp Kick**
 - (4) **Triple** turn all the way around
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(xb) = cross in back	B = Ball	H = heel	R = rock	SL = slide	Tch = touch
(xf) = cross in front	Bo = Bounce	HB = heel ball	RS = rock step	T = Toe	
(@b) - around the back	DbI = double	HS = heel step	S = step	TB = toe ball	